

Government Partners Digital Toolkit for Healthy Workplace Month

PURPOSE:

To provide you, our esteemed government partners with digital resources to show your support for the Your Health Space program during Healthy Workplace Month. Your endorsement will amplify the importance of psychological health and safety in healthcare settings.

DIGITAL MATERIALS IN THIS PACKAGE:

- Suggested social media posts for Twitter, Facebook, Instagram, and LinkedIn.
- Social media graphics (please refer to the provided links).

SUGGESTED TIMELINE OF ACTIVITIES:

Timeline	Channel	Activities
Launch Oct 10	Facebook Instagram LinkedIn Twitter/X	<ul style="list-style-type: none">• Share suggested posts and graphic

FACEBOOK (CLICK IMAGE TO DOWNLOAD)



October is Healthy Workplace Month, and I am proud to support @cmhaontario and their Your Health Space program, dedicated to fostering mentally healthy workplaces in Ontario's health care settings.

Learn more about their important work: <https://yourhealthspace.ca/programs/>

#HealthyWorkplaceMonth #YourHealthSpace

INSTAGRAM (CLICK IMAGE TO DOWNLOAD FULL CAROUSEL)



October is Healthy Workplace Month, and I want to highlight the importance of psychological well-being in our health care settings. I am proud to endorse @cmhaontario's Your Health Space program, making significant strides in promoting mental health in the workplace.

#HealthyWorkplaceMonth #YourHealthSpace

TWITTER



This October I am proud to support #HealthyWorkplaceMonth and the incredible work of @cmhaontario's Your Health Space program. Ensuring psychological well-being in Ontario's health care settings is paramount. Learn more: <https://yourhealthspace.ca/programs/> #MentalHealth

LINKEDIN (CLICK IMAGE TO DOWNLOAD FULL CAROUSEL, UPLOAD ON LINKEDIN AS A DOCUMENT)



This October, I am recognizing Healthy Workplace Month and the commendable efforts of [@Canadian Mental Health Association, Ontario Division]'s Your Health Space program.

I understand the significance of a psychologically healthy workplace, especially in our health care settings.

I encourage organizations to explore the impact and benefit from this initiative: <https://yourhealthspace.ca/programs/>

#HealthyWorkplaceMonth #YourHealthSpace